

# ***Carment Kiara Practice Meet***

## ***June 11, 2011***



<b>AGE GROUPS:</b>	<b>All divisions</b>
<b>AWARDS:</b>	<b>Top 3 Finishers in each division</b>
<b>FORMAT:</b>	<b>Rolling Start</b>
<b>LOCATION:</b>	<b>NELSON FIELD</b>

This event is sanctioned by the Amateur Athletic Union of the U. S., Inc.

All participants must have a current AAU membership.

AAU membership may not be included as part of the entry fee to the event.

AAU membership must be obtained before the competition begins except where the event operator has a laptop available with an internet connect. Participants are encouraged to visit the AAU web site [www.aausports.org](http://www.aausports.org) to obtain their membership.

### **FOR MORE INFORMATION:**

Your event directors info  
goes here

**Carment Kiara Track Club  
AAU Practice Meet  
“Rolling Start”  
8am Saturday, June 11, 2011**

**Nelson Field  
Located at Berkman and Hwy 290 East  
Across from Reagan High  
Austin, Texas  
Spectators and Athletes \$5 admission  
Order of Events**

**Field Events—8:00 a.m.**

Shot	All Divisions
Discus	Sub Midget & Up
Long jump	All Divisions
Triple jump	Youth & Up
High jump	All Divisions

**Running Events 9 a.m.**

3000m. run	Midget & Up
Sprint Medley	Interm. & Up
1500m. race walk	Bantam & Up
4x 800 Relay	Midget & Up
3000m. Race walk	
80m. Hurdles	Sub-Midget & Up
100m. Hurdles	10-36” Youth Girls
100m. Hurdles	10-36” Youth Boys
100m. Hurdles	10-33” Intermediate Girls/Young Women
110m. Hurdles	10-39” Intermediate Boys/Young Men
400m. Relay	Parent & Coaches Sprint Relay
400m. Relay	All Divisions
800m. Run	All Divisions
100m.	All Divisions
400m.	All Divisions
400m. Hurdles 10-36”	Intermediate Boys/Young Men
400m. Hurdles 10-30”	Intermediate Girls/Young Women
200m. Hurdles 5-30”	Youth Girls/Boys
200m.	All Divisions
1500m. Run	Bantam & Up
1600m. Relay	Parent & Coaches Relay
1600m. Relay	All Divisions

**Contact: Coach Carment Kiara (512) 453-2728  
Medals will be given to the top 3 finishers in each division**